

A win-win for health and for the planet

water consumption data from the local health authority of Modena

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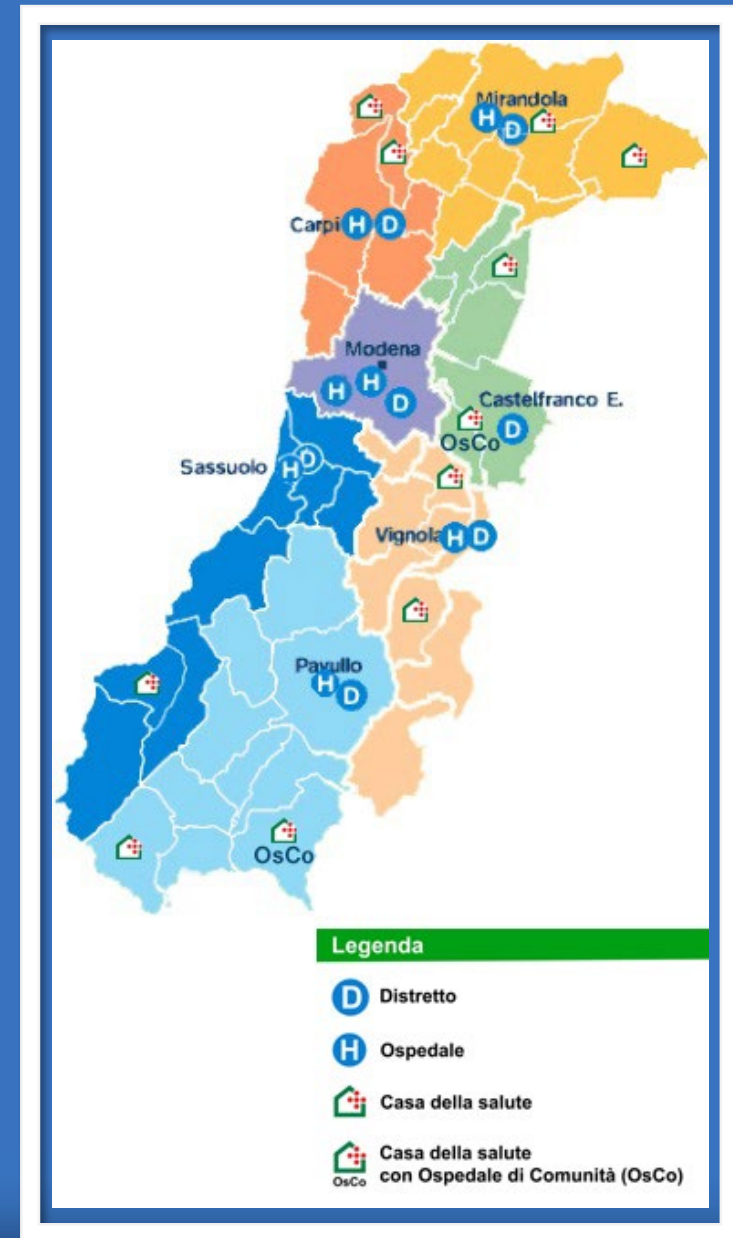
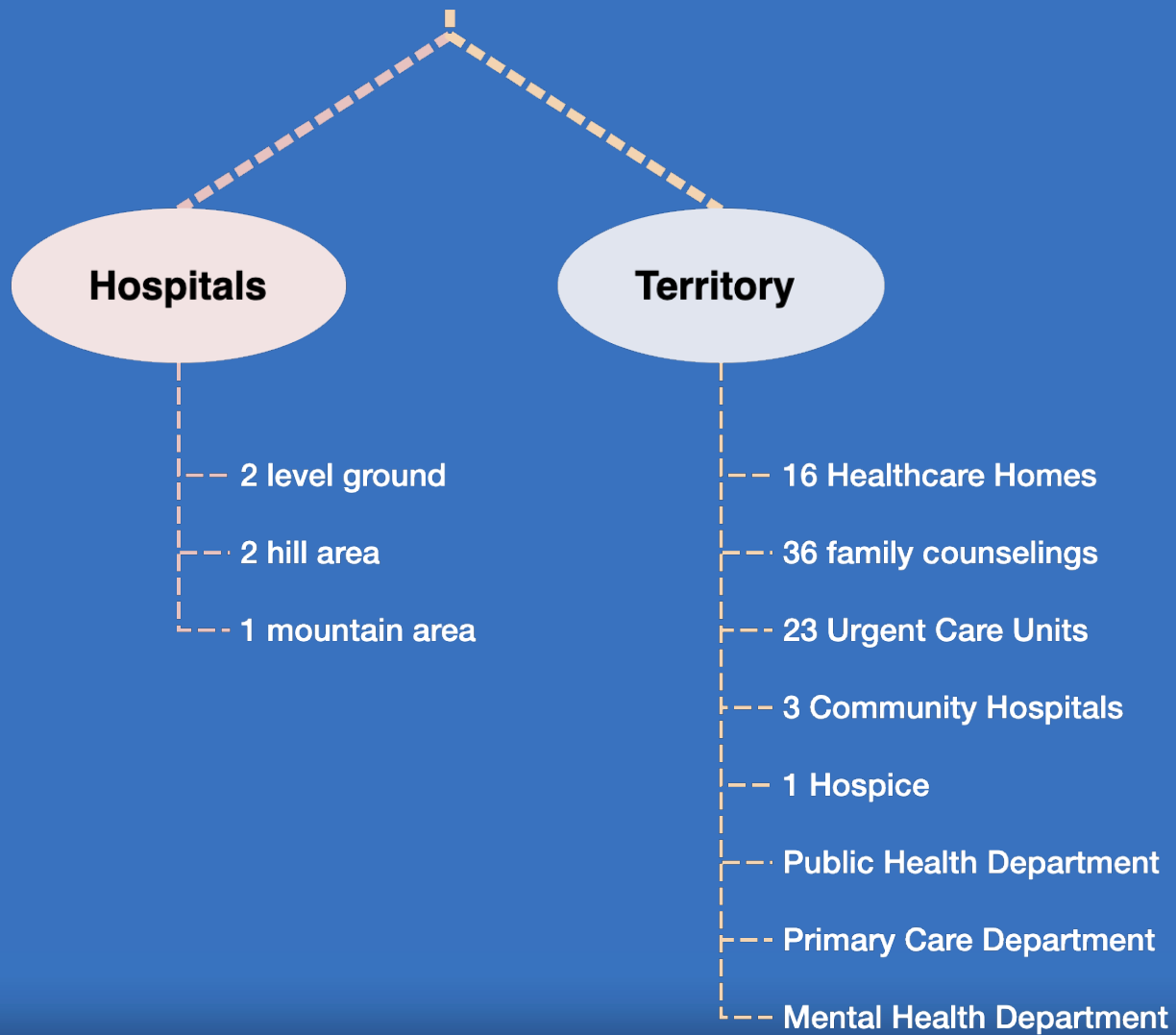
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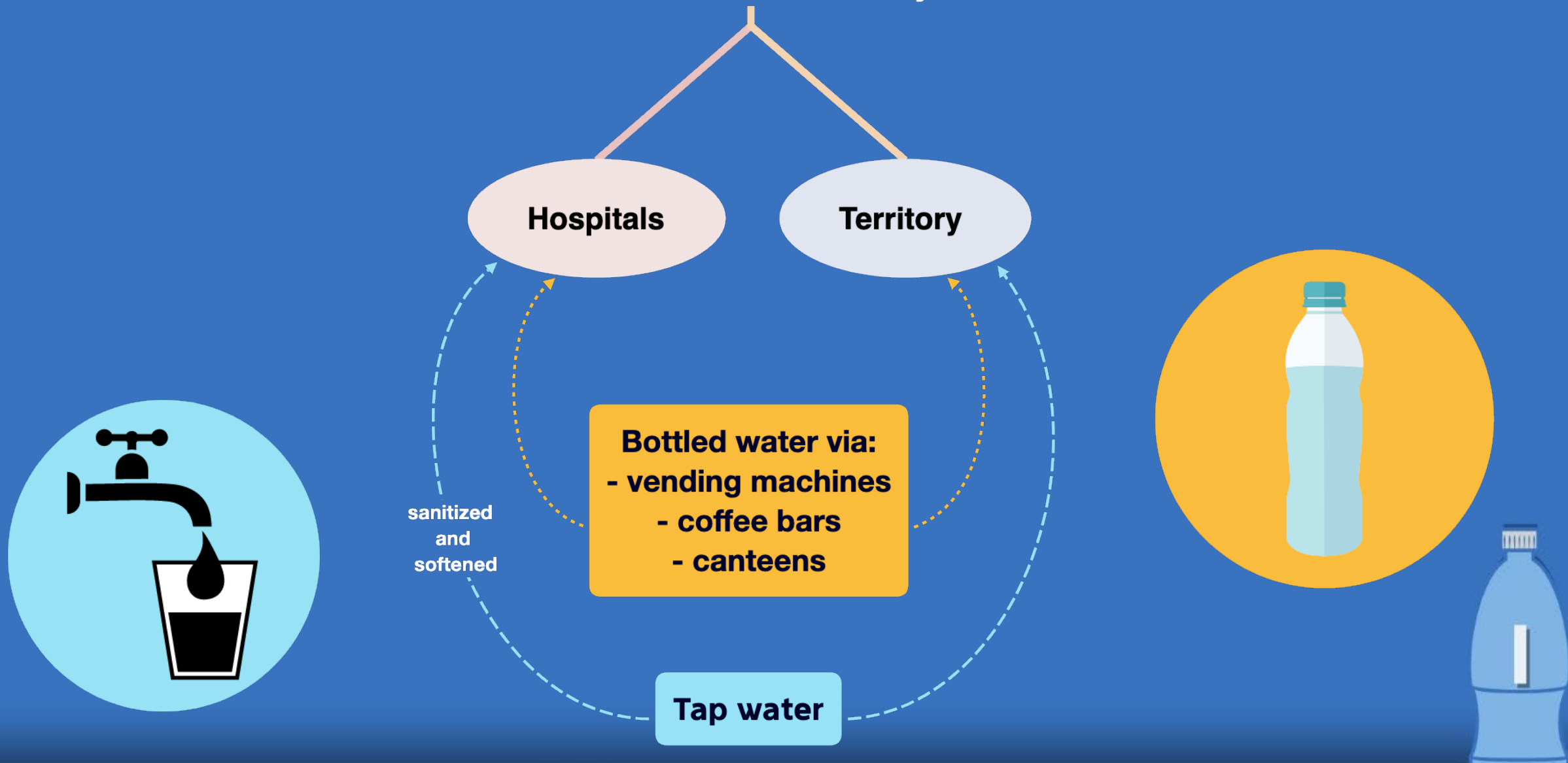
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Modena's Local Health Authority 5394 workers



Modena's Local Health Authority





Descriptive study



10-item survey online via the company intranet



April and May 2023



584 workers filled out the questionnaire





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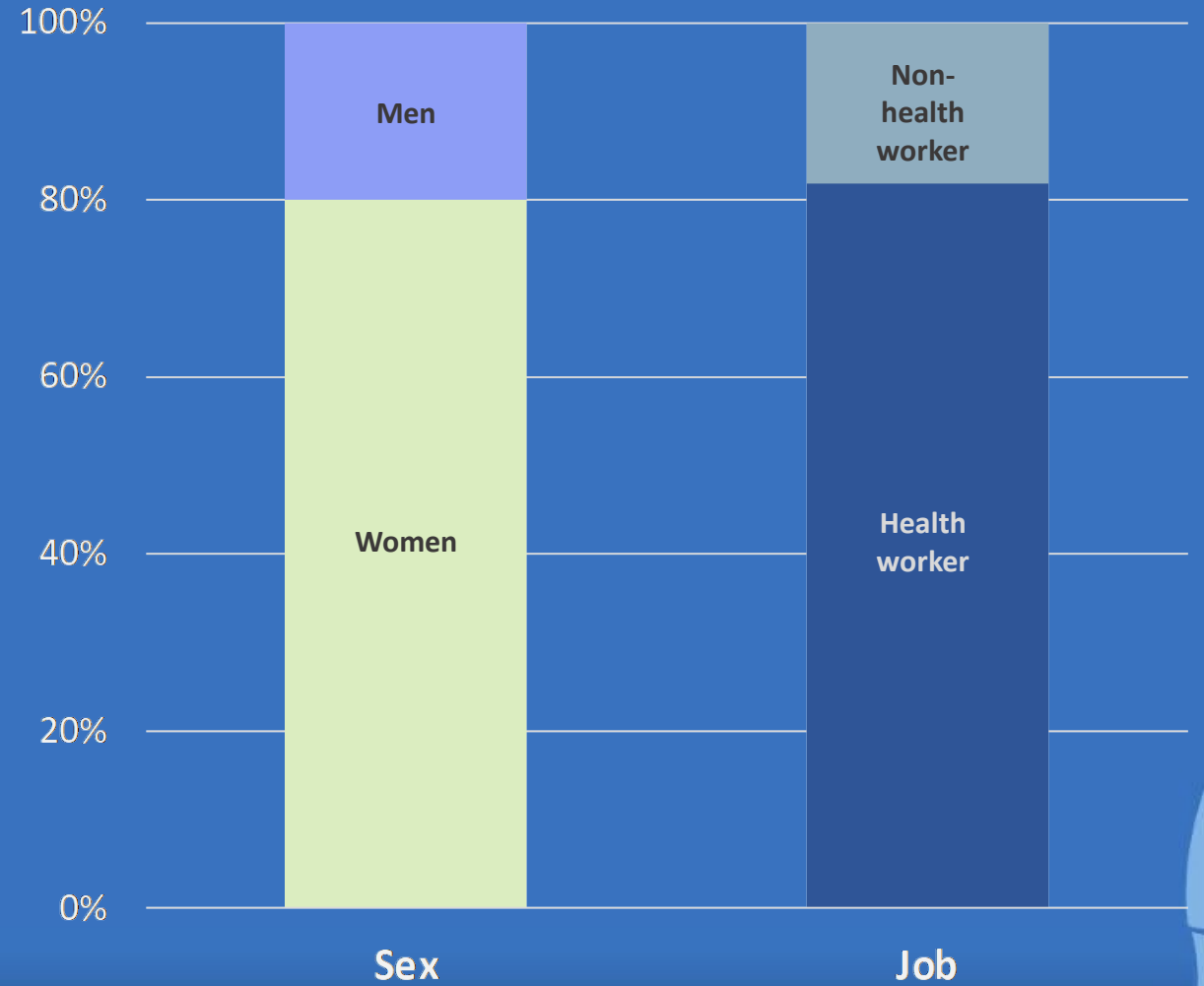
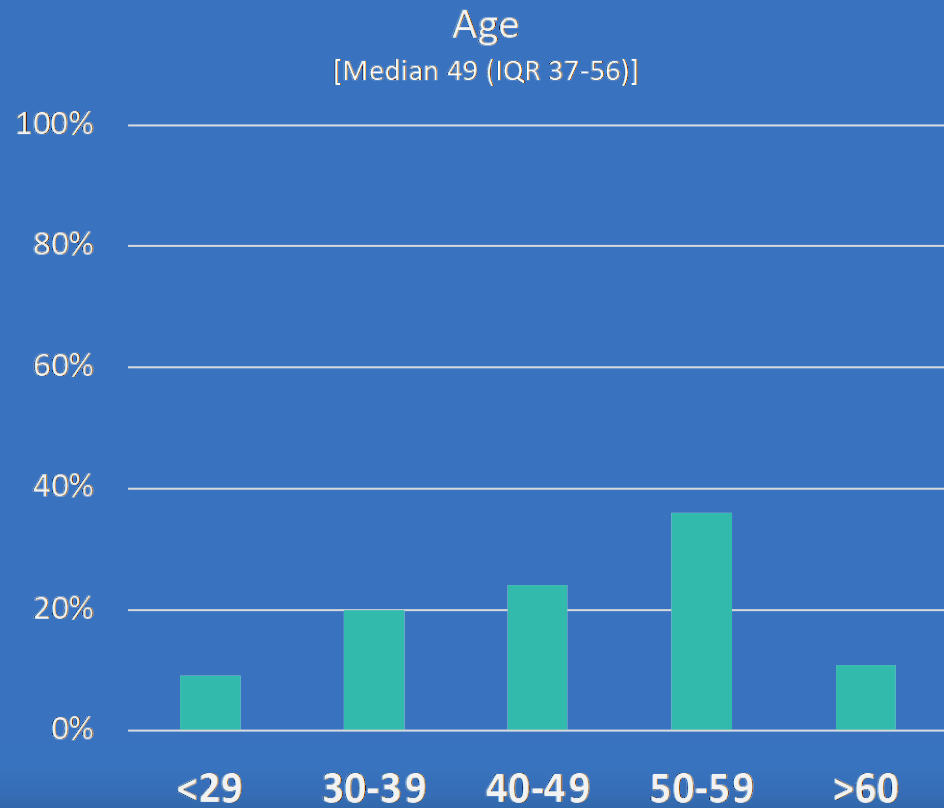
April and May 2023



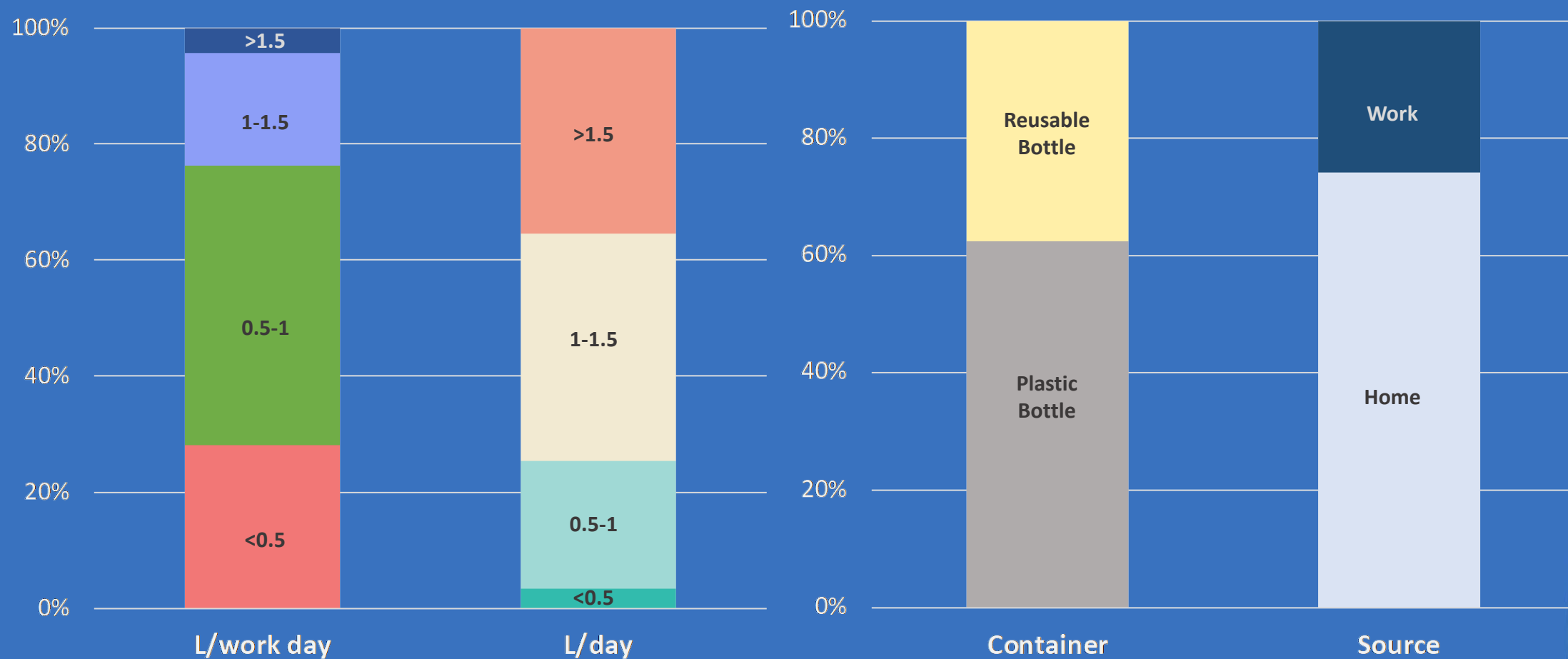
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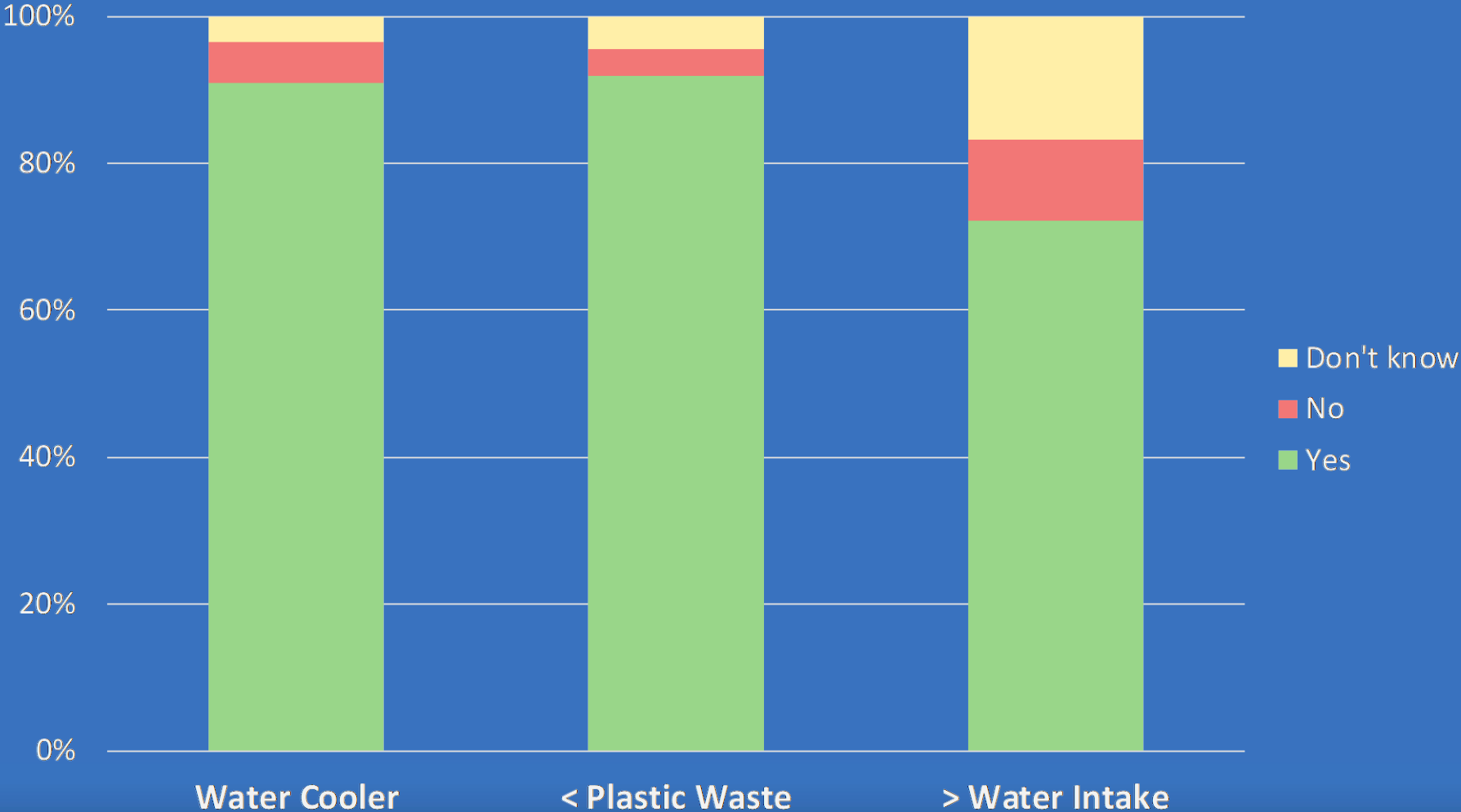
Population characteristics



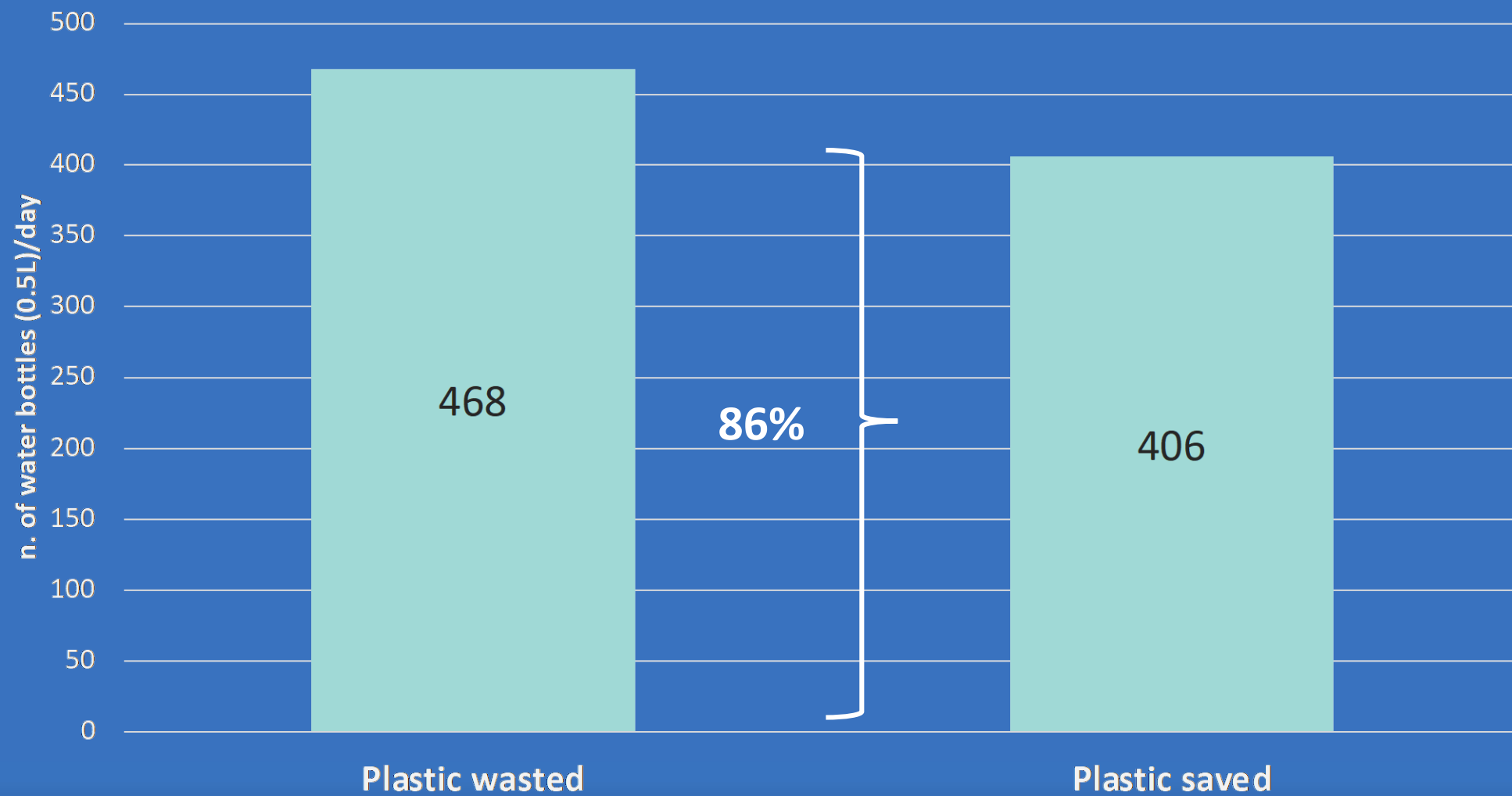
Water Consumption



Water Cooler Appeal



Plastic Waste



Plastic Waste





workers are not drinking enough according to guidelines



need for alternative sources of drinking water



willpower to drink more



willpower to consume less plastic





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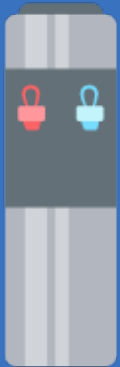
willpower to drink more



willpower to consume less plastic



Inside reforms to:



improve drinking habits



installing water coolers



reduce plastic waste



providing aluminum bottles



Thank you!



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